



The Sick Kids Friends Foundation



Sick Kids Bungee Jump Challenge

The National Trust for Scotland Killiecrankie Visitor Centre, Sunday 26th August

Please read through this information thoroughly before returning your reservation form

Thank you for considering signing up for the Sick Kids Bungee Jump Challenge, which takes place Sunday 26th August 2012 at 12noon. This challenge will require courage, determination and a willingness to jump into the unknown! You can join our team of dare devils for this awesome adrenalin experience, whilst helping to raise much needed funds for the Sick Kids Friends Foundation.

What is it? Bungee jumping is once-in-a-lifetime free-fall experience of 40 metres towards water from a bridge Bungee jump platform. An airborne flight of a few seconds at over 50 mph before a special Bungee jump cord springs you back to normal, upright, life. A safe and unforgettable adrenalin packed experience using the latest technology and safety equipment, led by experienced, qualified Bungee Jump Masters at Highland Fling.

Where is it? The UK's first static bungee jumps take place near to the famous site of the Battle of Killiecrankie. A specially constructed bungee jump platform is suspended below the Garry Bridge over the beautiful River Garry near Pitlochry in Highland Perthshire, Scotland. The site is operated from the visitor centre in Killiecrankie, Perthshire PH16 5LG.

Who does it? Free-Spirits, thrill seekers, outdoor enthusiasts, sports enthusiasts, adrenaline-lovers, taxi drivers, accountants, landscape gardeners, astronauts, plumbers. Get the idea? That's right: anyone from age 14 to 114 with a sense of fun and adventure.

Restrictions - You must be over 14 years of age to take part in this challenge. A parental consent form must be completed for anyone under the age of 18. If you are over 16 stone please call Nae Limits for advice - 0845 366 5844 (It does not mean you cannot join us, there are just some checks they need to make for health and safety) Participants will be asked to sign a risk acceptance form on arrival highlighting any medical conditions. Things that may pose a problem are: pregnancy, skeletal and muscular problems, heart and respiratory problems and recent operations. If any of these affect you please phone for advice – Asthma and diabetes do not normally restrict participation. Please bring all medication you require. Nae Limits reserves the right to postpone or cancel any jump if they feel weather conditions on the day of the jump are incompatible towards a safe jump. If you have any queries regarding Bungee Jumping and you would like to speak with a member of the Nae Limits Team please call 0845 366 5844 and they will be very happy to help you.

Deposit and sponsorship - In order to take part you will be required to pay a non refundable deposit of £50 per person, which will cover the cost of your challenge. In addition to your deposit you must also agree to raise a minimum of £150.00 per person in sponsorship for the Sick Kids Friends Foundation. All monies raised in sponsorship will benefit sick children and their families cared for at the Royal Hospital for Sick Children and in the community. You must return all your sponsor monies to the Sick Kids Friends Foundation by the end of September 2012. You will be provided with a fundraising pack including sponsor forms, details of how to set up an online fundraising page and a sick kids t-shirt, to assist with your fundraising.

Sign up - To book your place(s) please complete the reservation form below (one form per person) and return accompanied by a £50 deposit cheque (£50 per person) to the Sick Kids Friends Foundation, 20 Millerfield Place, Edinburgh, EH9 1LW, as soon as possible. Alternatively you can pay your deposit by card and you should circle this option on the form below and you will be contacted for your card details when your form is received. You also have the option to pay in cash if you can visit the office at the address above.

When your booking form has been received you will be sent a confirmation letter and a fundraising pack, so you can get started straight way. Nearer the time of your challenge you will be sent further information about the day including directions to the centre and details of what to wear.

For more information on Bungee Jumping please visit <http://bungeejumpscotland.co.uk/bungee/>



The Sick Kids Friends Foundation



Sick Kids Bungee Jump Challenge

The National Trust for Scotland Killiecrankie Visitor Centre, Sunday 26th August

Reservation Form

Terms and Conditions

- To reserve your place for the Sick Kids Bungee Jump Challenge on Sunday 26th August 2012, please complete this form and return accompanied by a cheque for £50, made payable to the 'Sick Kids Friends Foundation' to the address below. This is a non refundable deposit and will guarantee your place. Alternatively you can pay your deposit by card and you should circle this option below and you will be contacted for your card details when your form is received. You also have the option to pay in cash if you can visit the office at the address below.
- By booking a place, you pledge to raise a minimum of £150.00 in sponsorship for the Sick Kids Friends Foundation. All monies are to be received by the Sick Kids Friends Foundation by the end of September 2012.
- The Sick Kids Friends Foundation reserves the right to refuse a place.
- If for any reason the participant is unable to participate, all donated monies collected in support of the Sick Kids Friends Foundation must be forwarded to the charity immediately or returned to the individual sponsors. Monies already received by the charity will not be refunded.

Participant's Details

First Name _____ Surname _____

Address _____

Postcode _____ Weight _____ Age _____ (required by Nae Limits)

Home telephone _____ Mobile _____

Email address _____

Declaration

I would like to book a place and understand that I take part at my own risk. I pledge to raise a minimum of £150.00 sponsorship and enclose a cheque for £50.00/ would like to pay by cash/card

Signed _____ Date _____

Please return to:

Sick Kids Friends Foundation, 20 Millerfield Place, Edinburgh, EH9 1LW
Tel 0131 668 4949 www.edinburghsickkids.org rachel.mckenzie@luht.scot.nhs.uk

Registered Scottish Charity Number SC020862

